

Statement of Purpose

Riverside House is a homely and welcoming 6 bedroom house based in a small town in East Ayrshire, Riverside prides itself on creating a therapeutic and nurturing environment for the young people to thrive within. The house is currently home to 6 young people aged between 10 and 18.

Through the guidance of the promise, UNCRC and trauma informed practice the Riverside staff team aim to ensure that the young people can have fulfilment in their lives in all aspects - recognizing that many of the children have experienced significant emotional, psychological, or physical trauma. This approach emphasizes understanding the impact of trauma on a child's behavior and well-being, and providing appropriate care.

Creating a nurturing space is very important to the children and staff team at Riverside House. Integrating various practices that ensure emotional and physical safety, positive reinforcement, consistency and love. Staff members focus on building strong, trusting relationships with the young people, providing them with structure, stability, and opportunities for growth. The setting is designed to feel as much like a family home as possible, which includes maintaining routines, personalizing rooms, and offering a sense of belonging.

With the setting being within a town this provides ample opportunity for the older kids to develop their sense of independence and the staff team provide intensive support and insight to allow for as smooth a transition onto a life onwards and upwards from here. The young people are encouraged to engage in opportunities within the wider community to open up a network and a trust for the world outside of Riverside.

Riverside House also invests time in its staff team, recognizing that well-supported, knowledgeable caregivers are essential to the success of the trauma-informed approach. Staff receive ongoing training, guidance, and supervision to ensure they are equipped with the skills needed to meet the unique needs of each child. This investment in the staff helps create a team that is not only emotionally resilient but also consistently available to meet the children's needs with understanding and compassion.